GREAT LAKES PARANORMAL RESEARCH TEAM

Crossroads of the Spiritual and Paranormal

This write-up piggybacks on the document written for our clients regarding "All Things Spiritual. This is an important one because of issues that have surfaced in the last five years or so. Some might not agree with this write-up. But if you are a good investigator, then you will care about knowing about other options for the client.

It has come to our attention as a team, the many times people are declaring with great ease and confidence that something or an event is "demonic" in nature. It has been counted and researched the number of times something truly has shown itself as demonic. The numbers worldwide are quite low, as low as 1-2% of all cases. In terms of numbers, if you think about it, that is very, very low, and that, is a very good thing for a team and any client.

It is critical for everyone involved to be very responsible as they help the client assess what truly might be going on. Jumping to a fast conclusion might not be the best route. It baffles this writer the freedom people take in declare something demonic. It seems like the consequence really do not matter. It can be the easy way out or just depends on the assessor's way of life and not necessarily the truth? We want people out there to think twice, because what will come out of an investigator's mouth will make an impact for a long time to come. Think twice, consult and do whatever you need to do *before* you say the "d" word.

If not the "d" word, then what are the client's options? As paranormal assessments go, if not paranormal, it usually tends to be a crisis on the part of the client. What kind of crisis is it? Can it be spiritual, emotional or psychosocial which includes financial, family conflict or a lack of something essential in their lives. Not easy to assess for sure. At times people can use the paranormal card as a distracting relief, rather than taking the time to evaluate the real reason for their current stress.

Patience on the part of the investigators is critical. Evaluating carefully and dialoging with your team and the client is an absolute. If the client is open minded, then you are in luck and you and your team can explore where / when / how and with whom should they begin to work with to begin to reduce their stressors. If the client is set on only one answer, then that will be the only answer, no sense in arguing.

So what are the options/possibilities? If not paranormal then:

Spiritual crisis? Emotional? Family? Partner issue? Home contaminant?

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Each one must be taken into consideration. Spiritual crisis is listed first because usually the client is looking for answers to the unknown, that tends to be in the spiritual realm. The client, deep down, most times, knows what the issue is. Sometimes they just need help naming it and designing a plan that will help them tackle the issue. It can boil down to bringing things from the unconscious to person's consciousness. The above categories can include other issues or a combination of issues. Don't limit yourself to categories; do your best to work on a process of elimination. The demonic should be the least of your worries and an area not to be considered unless it is truly obvious and in your face.

There will be people and teams who will jump to conclusions and slam the client with the bad news that their issues are truly of the demonic kind. If this person is already in crisis and vulnerable, it will be the worst and devastating news they have heard in a while. This becomes very problematic, especially because there are very few people who truly know how to handle cases like these and the solution can take a long time to solve.

There is an option that sometimes is not considered because it is not well known and that is something called spiritual direction. It is the art of someone with training to accompany the person through their spiritual needs. This person usually is trained in theology and the spiritual life. Many times a client can benefit from some guidance either temporarily or for a long period of time. Spiritual directors can be Catholic, Jewish, Lutheran, etc. They might charge a fee or request a donation for their services.

Take your time in assessing the situation. The client has already been in a bad situation for a while. Make sure you guide the client down the right and healthy path. They are counting on you and your team for help. Use any and all resources that will focus on the client's needs. Even though the demonic might be rampant, it is just too rare to even considerate as a first option. Choose a route that is best for the client, one that will bring them back to wholeness.